



At St. John Bosco parish we are committed to *Helping People Walk with Jesus*. However, a lot of times people aren't sure where to begin. We want to make that process simple and easy by helping you take your next good step in your spiritual journey. To help facilitate your spiritual growth we offer a variety of steps/programs you can take. For more information or to sign up email Matthew at mcourchene@rcdos.ca. We would love to hear from you!



SUNDAY WORSHIP is a great way to build your relationship with Jesus and connect with other members of your parish family. We make Mass an engaging encounter with Jesus through beautiful liturgies, calming prayer, and uplifting music. We are also very family and child friendly, with children ministry, and activities. Worship is a great first step. Let us welcome you to our parish family.



ALPHA Got questions about life? Not sure where to begin your spiritual journey? Try Alpha. Alpha is an 11-week course that creates space where people can explore life, faith and God in a friendly, open, and informal environment. Each session begins with a meal and consists of a series of interactive videos that explore the basics of the Christian faith. Join us as we discuss life's biggest questions.



AWAKEN is a prayer program that helps you start your day off on the right foot. So often the first actions we take set the tone for the rest of the day. Therefore, the best way to begin any day is spending time with God in prayer. Awaken is daily email (Monday to Saturday) that includes a quick reading from the Bible, a short commentary, and a simple prayer. It takes 2-5 minutes to complete but can make a huge impact in your life. Awaken with the Lord, start your day off right.



FIRST SERVE is a great way to get involved in the Church. Start with something easy, with a minimum time commitment (training provided). Try **(A)** Welcoming at Mass, **(B)** Bringing up the Gifts, **(C)** Joining the Prayer Team (you'll get a monthly email with prayer requests, and an outline on how to pray). It's easy!



GIVING WITH JOY is a great way to grow spiritually. You can give with joy through financial generosity. By giving your financial resources to God, you can grow in generosity, kindness, and experience freedom and joy. Giving to God builds trust and enhances our relationship with Him. It is a simple and easy way to grow in faith. We encourage people to start by giving \$20 a month using our Pre-Authorized Giving (PAG). Contact us to sign up!



THE 40 STEPS CHALLENGE takes place every year over summer. Each year there is a different theme that helps participants grow in their faith. Throughout the course of the program participants will receive a daily email at 5am with a Bible passage, short reflection, and a prayer. One participant said, "Thanks for sharing these. Always a new inspiration each day!" Another remarked, "These emails have really helped me grow in my relationship with God and learn about my faith."



GOING THE DISTANCE is a monthly men's night that focuses on faith and fellowship. The evenings consist of prayer, a Bible study, and fellowship. The purpose of Going the Distance is to help introduce men of all walks of life to Jesus and enable them to build relationships with other men of faith. As one first time participant put it, "I did not expect to enjoy a church gathering so much! I am really glad I came. It gave me a real sense of peace and belonging."



FAITHFUL IN ALL THINGS is a monthly women's night that focuses on faith and fellowship. The evenings consist of prayer, a Bible study and fellowship. The purpose of Faithful in All Things is to help introduce women of all walks of life to Jesus, and enable them to build relationships with other women of faith. As one participant stated, "This has been a wonderful experience. I have grown in my faith and developed friendships that have truly enhanced my life."